

Town of Newburgh Friends of Seniors, A Senior Independence Program for Adults 60+

The Town of Newburgh strives to provide our senior community members with healthy, active, and fulfilling lives. We recognize the invaluable contributions older adults aged 60+ make to our community and we are committed to supporting them with resources, programs, and services designed to meet their unique needs. Simple gestures empower aging neighbors to maintain their independence and remain connected to their community. The Town of Newburgh Friends of Seniors program helps our older adults by matching local volunteers to neighbors in need of assistance and connects them to resources to remain independent.

If you or someone you know aged 60+ needs assistance, short term or long term, please contact (845) 564-8936 or 845-341-1173 x300 or email info@ifsorange.org.

Local Volunteers Make a Difference by Providing:

1. **Transportation**
 - Providing transportation to and from local medical or social appointments
2. **Food Security**
 - Offering grocery shopping assistance for or with neighbors in and around Newburgh
 - Providing food pantry deliveries to neighbors who are facing financial hardship
3. **Socialization**
 - Providing valuable in-home visits to engage older adults
 - Chat, read together, be a listening ear, or play a card game
 - Providing wellness calls for neighbors who are isolated to check in
4. **Outreach**
 - Volunteer at town events to host a table and provide information to individuals in need of assistance or to recruit other volunteers for the program

Volunteer with the Town of Newburgh Friends of Seniors Program

Whether you're looking to give back, connect with others, or make a meaningful impact, volunteering is a rewarding way to contribute to the well-being of our older residents. As a volunteer, you'll have the opportunity to directly enhance the lives of seniors in our community. Your time, skills, and compassion can help make Newburgh a more vibrant and supportive place for people of all ages.

- **Make a Positive Impact:** Your time and efforts directly help seniors feel more connected, supported, and empowered.
- **Flexible Hours:** We offer flexible volunteer opportunities to fit your schedule, whether you can commit a few hours a week or just help for special events.
- **Build Relationships:** Volunteering provides a unique opportunity to form meaningful connections with older adults and other volunteers, creating a strong sense of community.

- **Develop New Skills:** Volunteering is a great way to develop leadership, communication, and organizational skills while making a difference.
- **Volunteers aged 55+ are eligible for mileage reimbursement**
- **Volunteers of all ages are welcome.**
- **Volunteers are insured while actively volunteering.**
- **Volunteer training is provided virtually**
- **Background checks are administered free of charge.**

Get Involved Today!

Volunteering for the Town of Newburgh is a meaningful way to give back to the community and support our senior residents. Reach out today to learn more about available volunteer opportunities and how you can get involved.

Call (845) 341-1173 x305 or email volunteer@jfsorange.org

A Community That Cares

Orange County is more than just a place to live – it's a place to thrive, no matter your age.

Jewish Family Service of Orange County partners with several towns, including the Town of Newburgh, to continually evaluate and improve our programs to better serve our diverse senior community, and we welcome feedback from our residents to ensure we're meeting their evolving needs.

Together, we're creating a community where older adults can continue to live with dignity, hope, and strength.

Thank you for being a part of our vibrant, supportive community.

The Town of Newburgh Friends of Seniors Program is a partnership with Jewish Family Service of Orange County, Inc. and Orange County Office for the Aging. Additional services are available through JFS Orange. Please visit <https://jfsorange.org> to see a complete list of services.